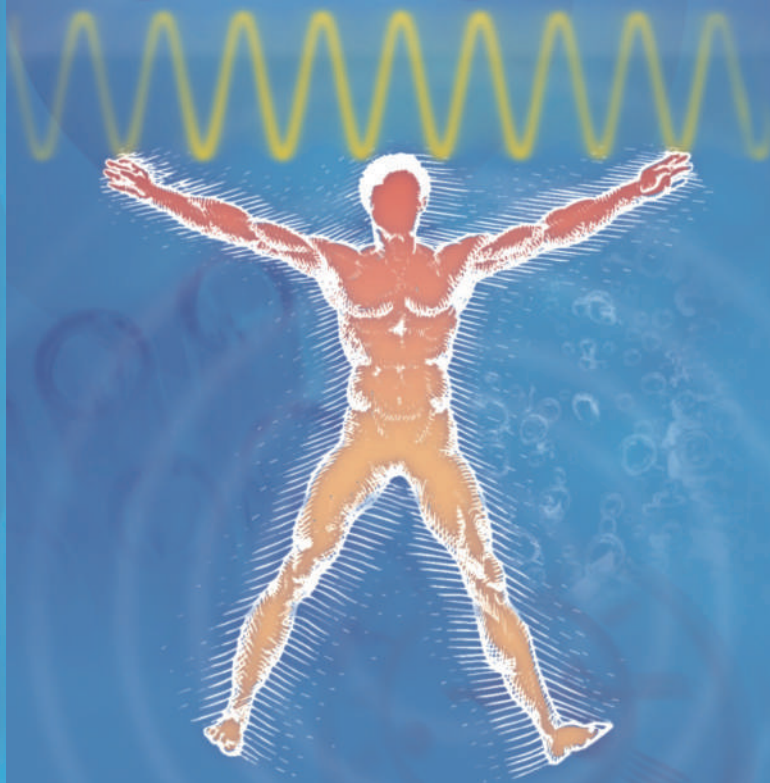


Magic Electric Magnetic Wave

The Hygienic Manual of Magic Electric Magnetic Wave



People these days are becoming proactive about their health, people not only want to prevent illness but also want to find ways to live longer and healthier.

Foreword

After decades of conducting academic research and performing clinical treatment in Chinese medicine, I have felt increasingly awe-struck by its greatness. This is especially true seeing medical wonders like acupuncture, which was discovered thousands of years ago without the aid of modern scientific instruments.

Great strides have been made in medical technology over the last century. Although acupoints have been known to exist in various parts of the body since ancient time, it was only until recently that advanced medical equipments identified many powerful treatment points in the palm area. Treatment through these points in the palm has been shown to be highly effective in a large number of clinical cases.

People these days are becoming proactive about their health. They not only want to prevent illness, but also want to find ways to live longer and healthier. Medicine was thought to be the best way to treat diseases. Now people can build up their body's own natural abilities to fight illnesses. The development of advanced scientific instruments and discovery of acupoints represent a new revolutionary milestone in the field of medicine.

Now people have access to the tool that can treat a variety of medical conditions or perform routine health checkup in their own homes.

Dr. Dong-Meng Lin

Guilin Biotechnological and Medical Research Institute

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Electromagnetic therapy

Electromagnetic therapy combines both electrotherapy and magnetic therapy. The result is remarkable, and unlike using medications, there are no adverse side effects. At present, electromagnetic therapy is very popular in family health practices.

❖ *What is electrotherapy?*

In 1780, Luigi Galvani, an Italian obstetrician and anatomist, observed the effect of electric currents in nerves and muscle while he was experimenting on frogs. Three years later, in 1783, Japanese scientist Hashimoto Soukichi showed that the human body conducts electricity. It was Jean-Baptiste Sarlandière, a French anatomist and physiologist, who began using electroacupuncture to treat paralysis, respiratory and rheumatic disorders in 1825. Later, in 1859, Sakuma Shozan invented an electric instrument derived from the Elekiter to treat diseases.

In 1950, while working on a patient with renal disorder, Japanese physician Yoshio Nakatani found that the



measurement of skin resistance could be used to differentiate the sites of meridians and acupoints from other skin areas. He also discovered that when skin resistance was too high or too low, it could reflect certain pathologies. Nakatani is convinced that balancing the meridians causes balance of the autonomic nervous system. Ryodoraku, which means “good electrical pathway” in Japanese, is an electrostimulatory diagnostic and therapeutic technique based on many observations of electric current recordings made over acupuncture points on the wrist and feet. It offers a means of objectively recording a traditional Zang Fu diagnosis. The setting of a Ryodoraku diagnosis is similar to the measurement of galvanic skin response in biofeedback.

When skin resistance is high at an acupoint, the electric current is low, which is a sign of deficiency of vital energy in Traditional Chinese Medicine. In contrast, when skin resistance is low, electric current is high, which is a sign of excess energy. When these acupoints with abnormal resistance are massaged or

touched with an electrode, pain will be felt. Vitall-DOC can thus be used to inspect the condition of the human body. We hope users can spend five minutes a day to check for abnormal acupoints with the Vitall-DOC, and then, applying the principle of “tonifying deficiency, purging excess”, utilize the Vitall-DOC to stimulate these abnormal acupoints for better health.

❖ *What is magnetic therapy?*

Under magnetic therapy, the magnetic field in the body is increased. The earth is like a huge magnet. Magnetic field lines pass through both the interior and periphery of the earth. Humans have been living under a magnetic field since the beginning of life. Therefore, human lives will be influenced if the magnetic field on earth changes.

The earth's magnetic field has dropped five percent in the last century. As there are more and more buildings with concrete and steel, the magnetic field in many places has been blocked. A study in Japan showed that the magnetic field in the body, as detected with a magnetometer, has also decreased as a result.



A decrease in the magnetic field in the body can cause dysautonomia, the dysfunction of the autonomic nervous system. At present, magnetic therapy is popular than ever before. To date, with more than 40 years of research, over a million people have been treated in Japan. Magnetic therapy is especially effective for shoulder stiffness or back pains. Today, many products in the market, such as magnetic waist bands, have demonstrated that magnetic therapy has no side effects.

VitalI-DOC combines the therapeutic benefits of electrotherapy and magnetic therapy to achieve fast, remarkable results.

The followings are the functions of the VitalI-DOC needleless acupuncture instrument.

- 1) Promote blood circulation. It increases oxygen content in the erythrocytes, dilates blood vessels and enhances metabolic rate.

2) Enhance muscle contraction. Electrostimulation causes muscle contraction and can be used to treat stroke, paralysis or pain.

3) Kill pains rapidly. Especially for the treatment of trigeminal neuralgia, pains in junctures and muscles, toothache and dysmenorrhea.

4) Vitalize nerve functions. Good for patients with paralysis, poliomyelitis and disorder of facial nerves.

5) Regulate digestion. It can treat constipation or diarrhea by regulating peristalsis.

6) Enhance urological functions. Electrostimulation improves the functions of ureter and constrictor.

7) Reduce inflammation. By increasing leucocyte and macrophage number, it enhances immune response and reduces inflammation.



8) Reduce fever. It lowers body temperature caused by microbial infection.

9) Prevent blood stasis. It can lower vascular permeability and inhibit leukocyte extravasation at the lesion, thereby improving inflammatory microcirculation and lymph circulation, reducing blood and lymph stasis, promoting the absorption of inflammatory exudate, and reducing edema.

Vital-DOC can be used not only as a therapeutic tool to heal various conditions, but also as a diagnostic tool to check for bodily functions through the level of pain at acupoints.

The following shows the location of acupoints on the hand and the associated disease. Using this acupoint map, the users can perform disease diagnosis and therapy on their own bodies.

❖ Heart Disease

- Tightening pain in the chest
- Shortness of breath
- High Cholesterol

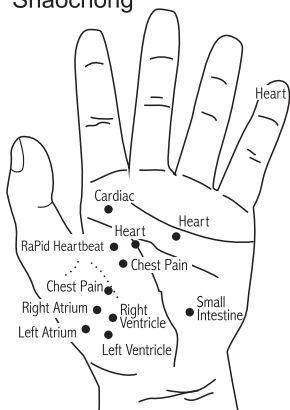
Acupoints

Palm Side:

- *Cardiac
- *Heart Acupoints
- *Heart
- *Small Intestine
- *Right & Left Ventricle
- *Right & Left Atrium
- *Chest Pain or angina pectoris
- *Chest Pain
- *Rapid Heart beat

Back Side:

- *Shaochong



● Represent acupoints on the palm / back side of the hand.

○ Represent acupoints on the side of the hand.



❖ Hypertension

◎ High Blood Pressure

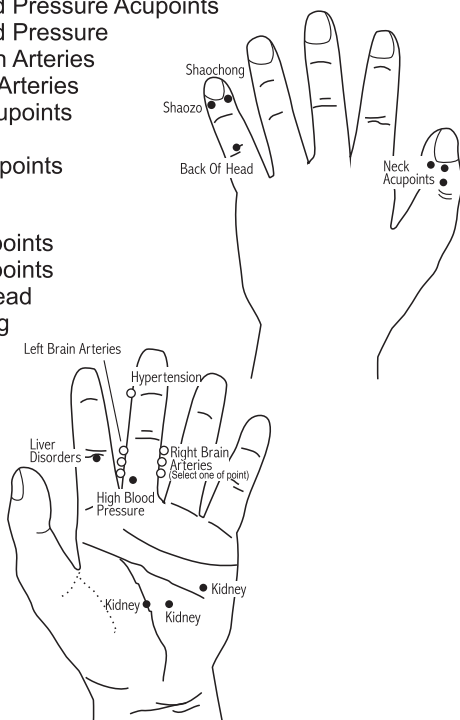
Acupoints

Palm Side:

- *High Blood Pressure Acupoints
- *High Blood Pressure
- *Right Brain Arteries
- *Left Brain Arteries
- *Kidney Acupoints
- *Kidney
- *Livers Acupoints

Back Side:

- *Neck Acupoints
- *Neck Acupoints
- *Back of Head
- *Shaochong
- *Shaoz



● Represent acupoints on the palm / back side of the hand.

○ Represent acupoints on the side of the hand.

❖ Hypotension

◎ Low Blood Pressure

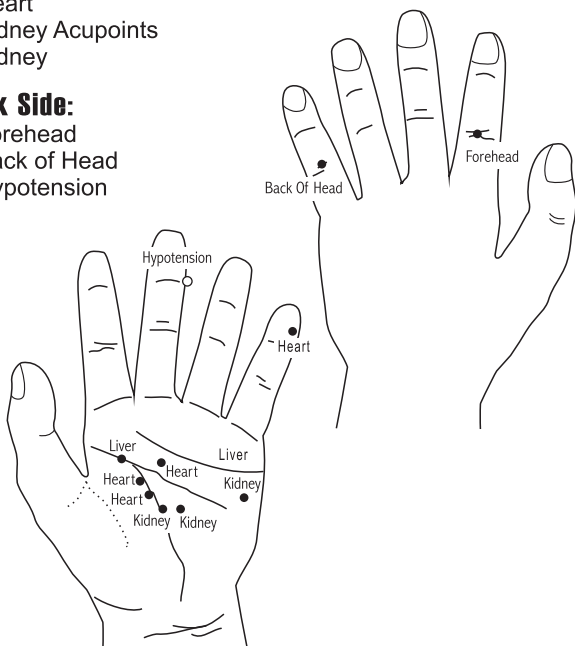
Acupoints

Palm Side:

- *Low Blood Pressure
- *Liver Acupoints
- *Liver
- *Heart Acupoints
- *Heart
- *Kidney Acupoints
- *Kidney

Back Side:

- *Forehead
- *Back of Head
- *Hypotension



● Represent acupoints on the palm / back side of the hand.

○ Represent acupoints on the side of the hand.

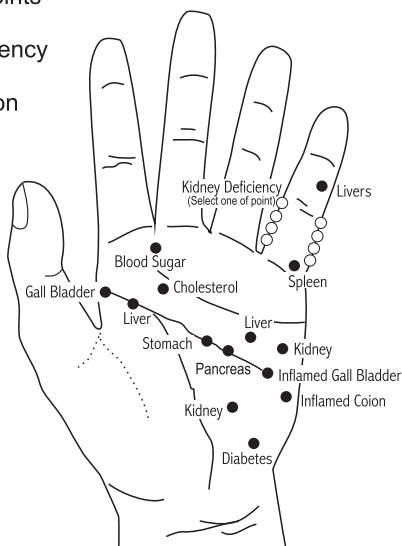


❖ Diabetes

Acupoints

Palm Side:

- *Blood Sugar
- *Blood Fat
- *Indigestion Pancreas
- *Liver Acupoints
- *Liver
- *Gall Bladder
- *Inflamed Gall Bladder
- *Spleen
- *Kidney Acupoints
- *Kidney
- *Kidney Deficiency
- *Stomach
- *Inflamed Colon
- *Diabetes



● Represent acupoints on the palm / back side of the hand.

○ Represent acupoints on the side of the hand.

❖ Pancreatitis

◎ Indigestion

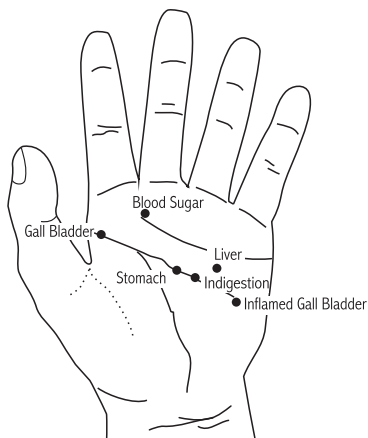
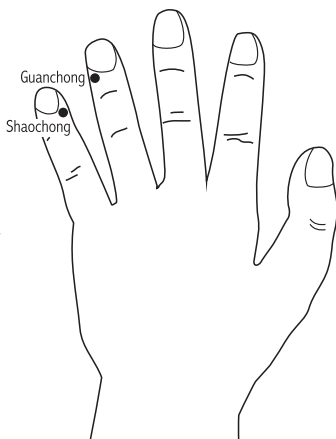
Acupoints

Palm Side:

- *Indigestion
- *blood Sugar
- *Stomach
- *Inflamed Gall Bladder
- *Liver
- *Gall Bladder

Back Side:

- *Guanchong
- *Shaochong



● Represent acupoints on the palm / back side of the hand.

○ Represent acupoints on the side of the hand.



❖ Acute Cholecystitis / Acute Cholelithiasis

- Gallstones
- Inflammation Of The Gallbladder

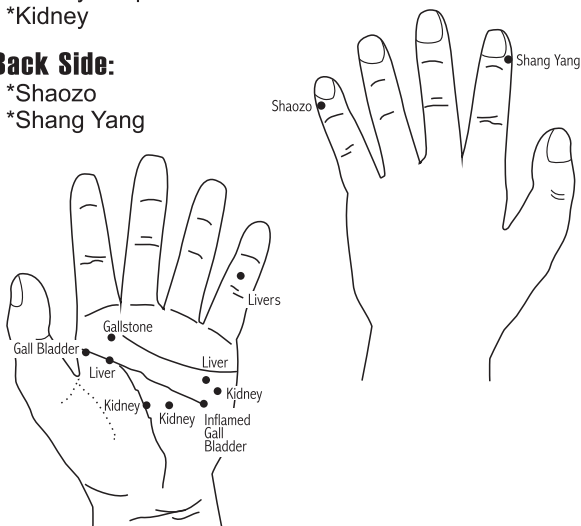
Acupoints

Palm Side:

- *Inflamed Gall Bladder
- *Gallstone
- *Liver Acupoints
- *Liver
- *Gall Bladder
- *Kidney Acupoints
- *Kidney

Back Side:

- *Shaozo
- *Shang Yang



- Represent acupoints on the palm / back side of the hand.
- Represent acupoints on the side of the hand.

❖ Constipation

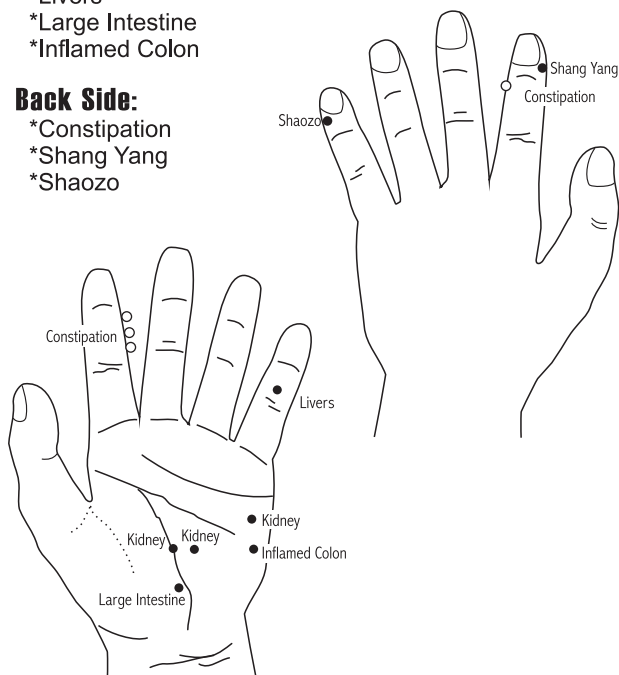
Acupoints

Palm Side:

- *Kidney Acupoints
- *Kidney
- *Liver Acupoints
- *Livers
- *Large Intestine
- *Inflamed Colon

Back Side:

- *Constipation
- *Shang Yang
- *Shaozo



● Represent acupoints on the palm / back side of the hand.

○ Represent acupoints on the side of the hand.



❖ Impotence

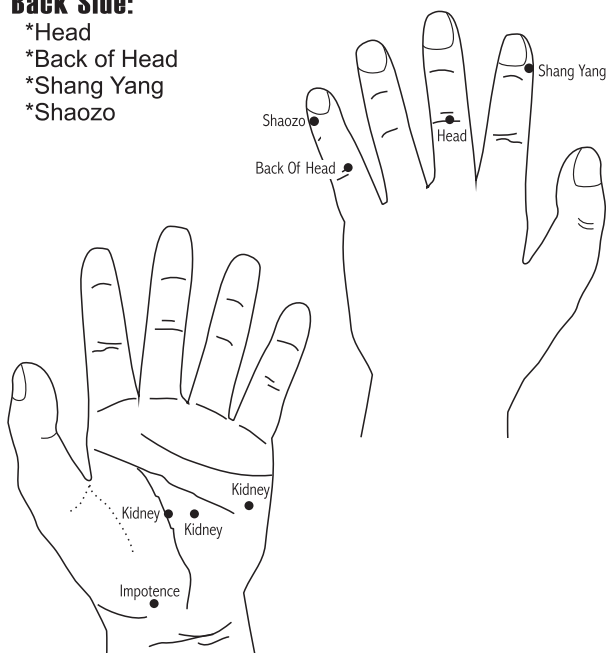
Acupoints

Palm Side:

- *Impotence
- *Kidney Acupoints
- *Kidney

Back Side:

- *Head
- *Back of Head
- *Shang Yang
- *Shaozo



- Represent acupoints on the palm / back side of the hand.
- Represent acupoints on the side of the hand.

❖ Hemorrhoid

◎ Piles

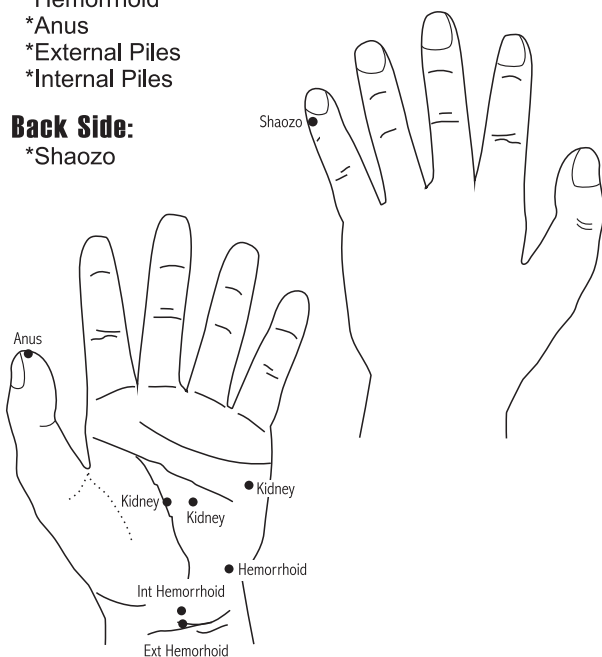
Acupoints

Palm Side:

- *Kidney Acupoints
- *Kidney
- *Hemorrhoid
- *Anus
- *External Piles
- *Internal Piles

Back Side:

- *Shaozo



● Represent acupoints on the palm / back side of the hand.

○ Represent acupoints on the side of the hand.



❖ Insomnia

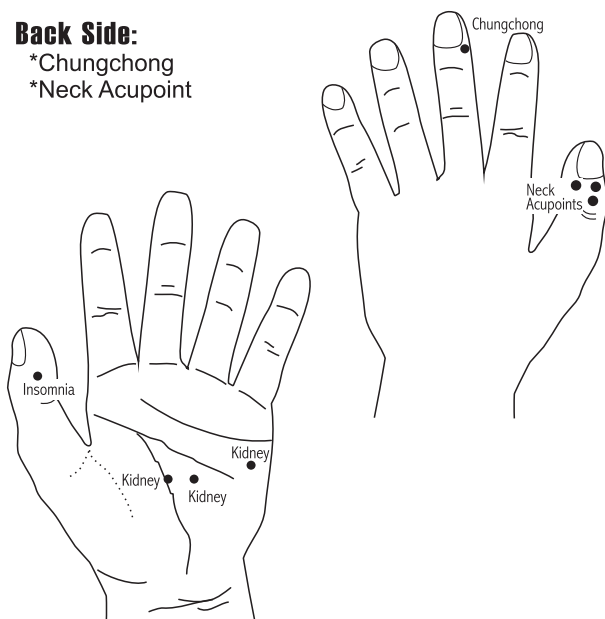
Acupoints

Palm Side:

- *Insomnia
- *Kidney Acupoints
- *Kidney
- *Insomnia Acupoints

Back Side:

- *Chungchong
- *Neck Acupoint



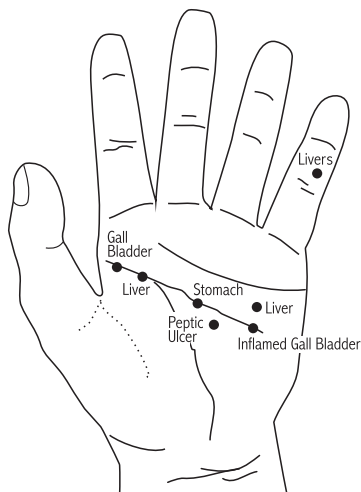
- Represent acupoints on the palm / back side of the hand.
- Represent acupoints on the side of the hand.

❖ Gastroenteritis / Peptic Ulcer

Acupoints

Palm Side:

- *Gall Bladder
- *Liver Acupoints
- *Inflamed Gall Bladder
- *Stomach
- *Peptic Ulcer



● Represent acupoints on the palm / back side of the hand.

○ Represent acupoints on the side of the hand.



❖ Dysmenorrhea

◎ Menstrual Cramps

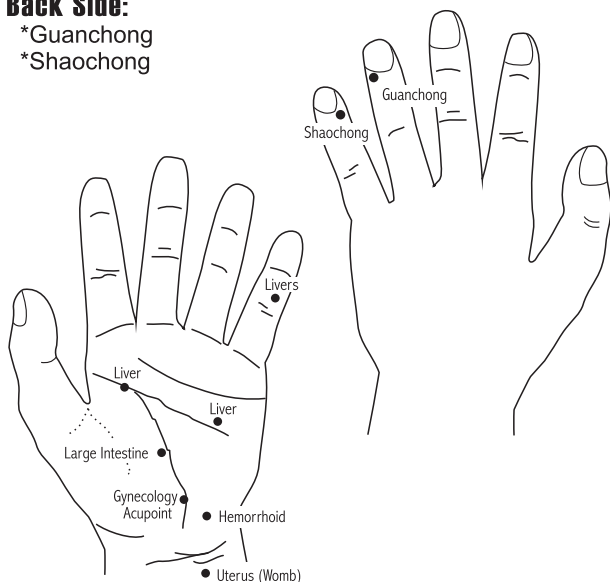
Acupoints

Palm Side:

- *Gynecology Acupoints
- *Uterus (Womb)
- *Liver Acupoints
- *Liver
- *Large Intestine

Back Side:

- *Guanchong
- *Shaochong



● Represent acupoints on the palm / back side of the hand.

○ Represent acupoints on the side of the hand.

❖ Cervico Genic Vertigo / Cervico Genic Headache

- Giddiness
- Nausea
- Vomiting
- Headache
- Cold Sweat
- Neck Pain & Soreness
- Upper Limb Pain & Soreness

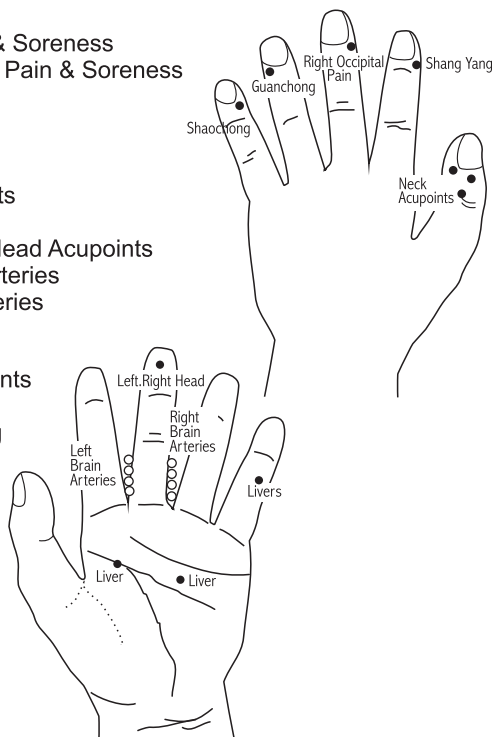
Acupoints

Palm Side:

- *Liver Acupoints
- *Liver
- *Left & Right Head Acupoints
- *Right Brain Arteries
- *Left Brain Arteries

Back Side:

- *Neck Acupoints
- *Shang Yang
- *Chungchong
- *Gyanchong
- *Shaochong



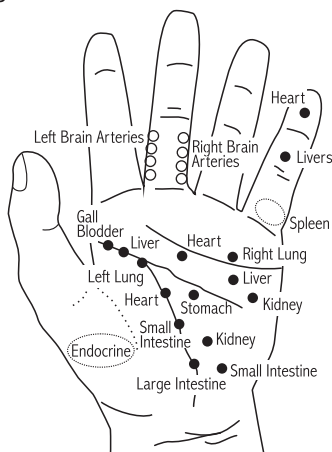
- Represent acupoints on the palm / back side of the hand.
- Represent acupoints on the side of the hand.

❖ General Healthcare Acupoint

Acupoints

Palm Side:

- *Left Brain Arteries
- *Right Brain Arteries
- *Livers
- *Heart
- *Left Lung
- *Right Lung
- *Spleen
- *Kidney
- *Stomach
- *Gall Bladder
- *Small Intestine
- *Large Intestine
- *Endocrine



● Represent acupoints on the palm / back side of the hand.

○ Represent acupoints on the side of the hand.

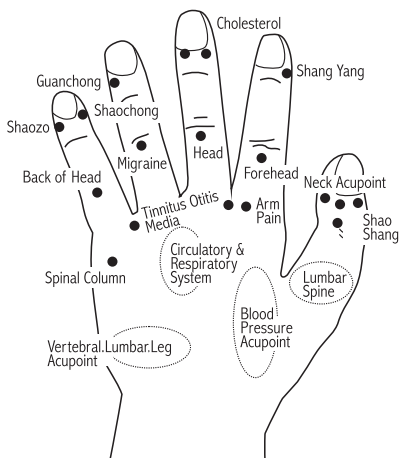


❖ General Healthcare Acupoint

Acupoints

Back Side:

- *Spinal Column
- *Hip / Thigh / Leg Nerves
- *Back of Head
- *Migraine
- *Cholesterol
- *Blood Fat
- *Head
- *Forehead
- *Neck Acupoint
- *Shaozo
- *Shang Yang
- *Guanchong
- *Shaochong
- *Shao Shang
- *Lumbar Spine
- *Blood Pressure Acupoint
- *Circulatory & Respiratory System
- *Vertebral.Lumbar Leg Acupoints



● Represent acupoints on the palm / back side of the hand.

○ Represent acupoints on the side of the hand.

❖ Cold

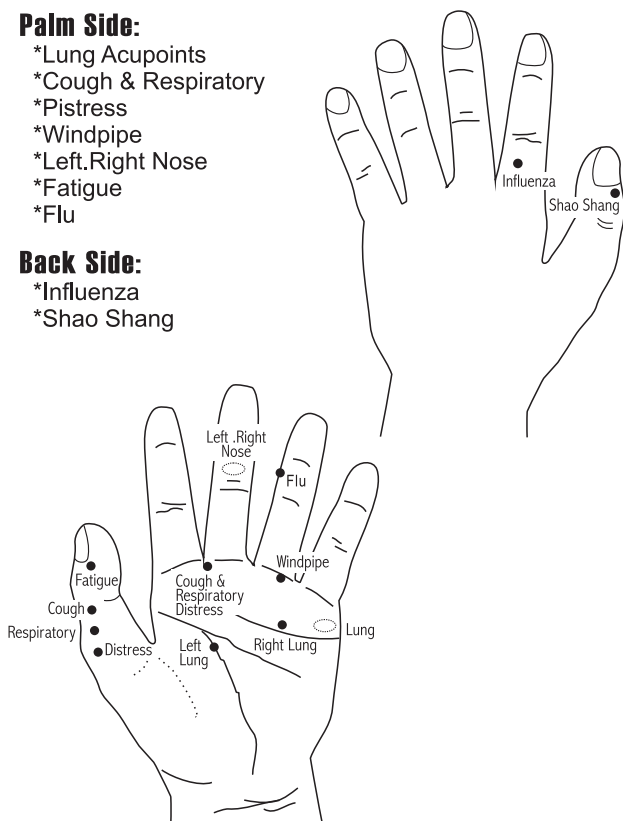
Acupoints

Palm Side:

- *Lung Acupoints
- *Cough & Respiratory
- *Pistress
- *Windpipe
- *Left.Right Nose
- *Fatigue
- *Flu

Back Side:

- *Influenza
- *Shao Shang



● Represent acupoints on the palm / back side of the hand.

○ Represent acupoints on the side of the hand.

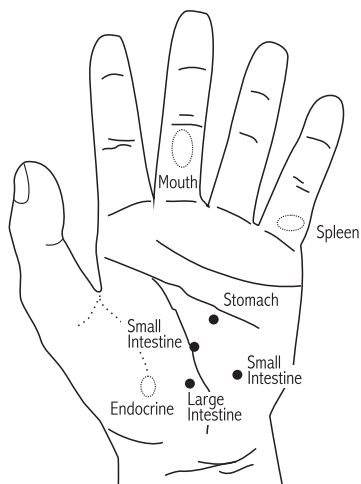


❖ Reduce Weight

Acupoints

Palm Side:

- *Mouth
- *Spleen
- *Stomach
- *Large Intestine
- *Small Intestine
- *Endocrine



● Represent acupoints on the palm / back side of the hand.

○ Represent acupoints on the side of the hand.

❖ Cosmetology

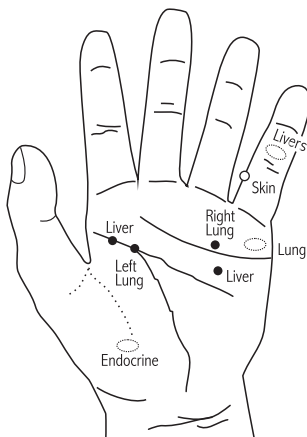
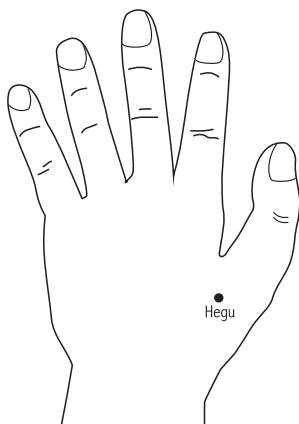
Acupoints

Palm Side:

- *Liver Acupoints
- *Lung Acupoints
- *Skin
- *Endocrine

Back Side:

- *Hegu



● Represent acupoints on the palm / back side of the hand.

○ Represent acupoints on the side of the hand.



❖ Gout

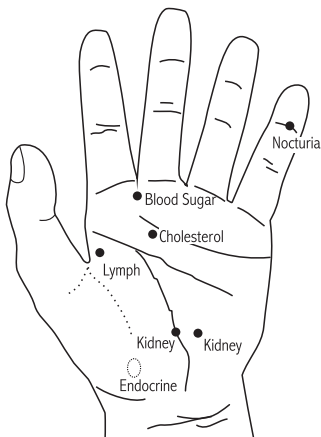
Acupoints

Palm Side:

- *Cholesterol
- *Blood Sugar
- *Nocturia
- *Kidney
- *Endocrine
- *Lymph

Back Side:

- *Shaozo
- *Guanchong



● Represent acupoints on the palm / back side of the hand.

○ Represent acupoints on the side of the hand.

❖ Hard of Hearing

Acupoints

Palm Side:

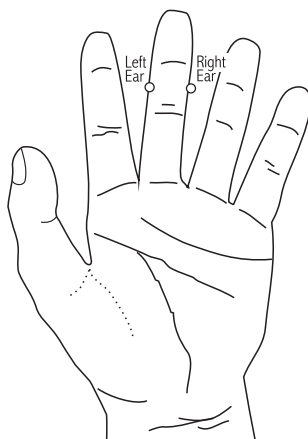
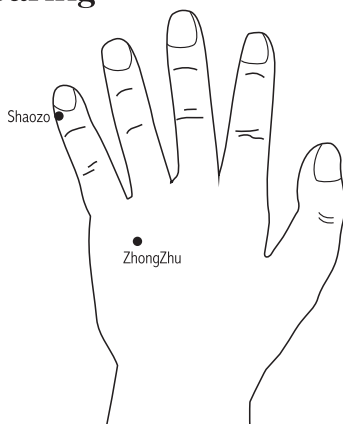
*Left Ear

*Right Ear

Back Side:

*Shaozo

*Zhongzhu



● Represent acupoints on the palm / back side of the hand.

○ Represent acupoints on the side of the hand.

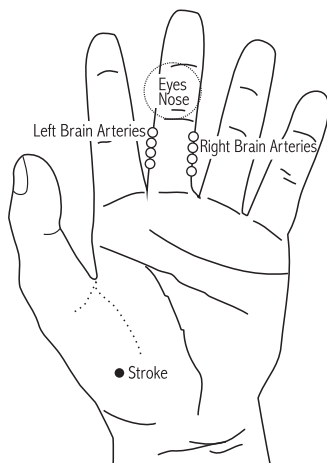


❖ Flaccid Paralysis Of The Face

Acupoints

Palm Side:

- *Eyes Acupoints
- *Nose Acupoints
- *Right Brain Arteries
- *Left Brain Arteries
- *Stroke



- Represent acupoints on the palm / back side of the hand.
- Represent acupoints on the side of the hand.





❖ Lower Back Pain

○ Lower Back Pain

○ Spinal Column

Acupoints

Palm Side:

*Kidney Acupoints

*Kidney

*Lung Acupoints

*Right Lung

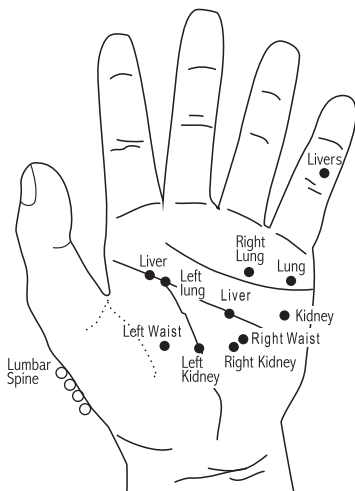
*Left Lung

*Left & Right Waist

*Lumbar Spine

*Liver Acupoints

*Liver



● Represent acupoints on the palm / back side of the hand.

○ Represent acupoints on the side of the hand.

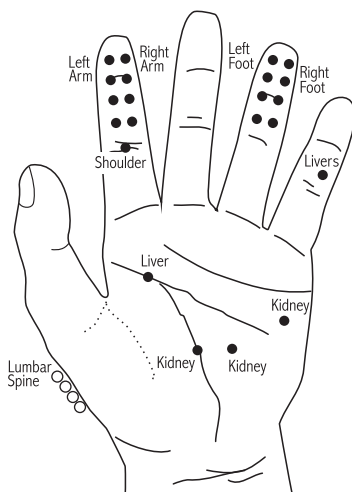
❖ Arthritis

◎ Stiffness & Swelling Of Joints

Acupoints

Palm Side:

- *Waist Spine
- *Left & Right Arm
- *Left & Right Foot
- *Kidney Acupoints
- *Kidney
- *Liver Acupoints
- *Liver
- *Liver



● Represent acupoints on the palm / back side of the hand.

○ Represent acupoints on the side of the hand.



❖ Toothache

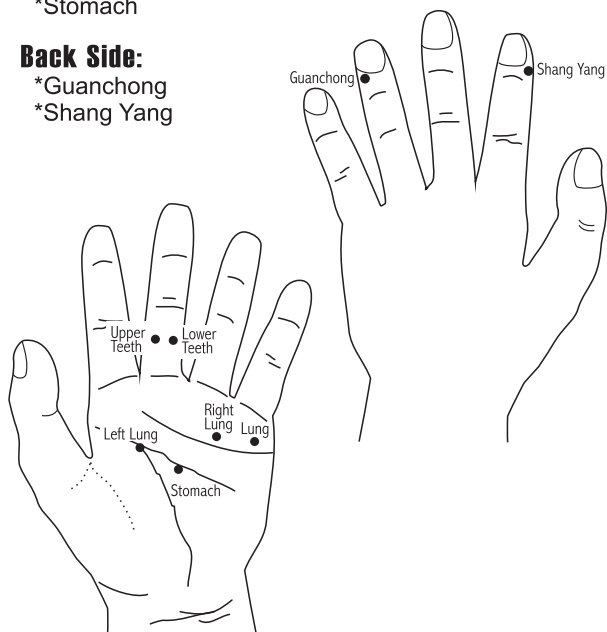
Acupoints

Palm Side:

- *Upper Teeth
- *Lower Teeth
- *Lung Acupoint
- *Right Lung
- *Left Lung
- *Stomach

Back Side:

- *Guanchong
- *Shang Yang



● Represent acupoints on the palm / back side of the hand.

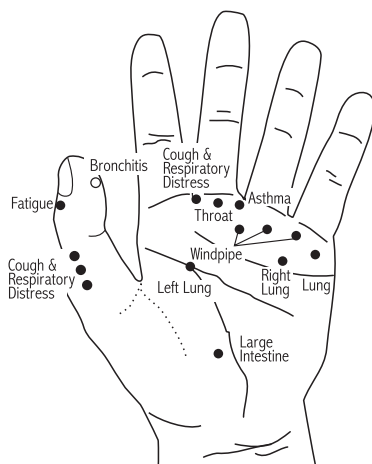
○ Represent acupoints on the side of the hand.

❖ Bronchitis / Asthma

Acupoints

Palm Side:

- *Cough & Breathing Difficulty
- *Windpipe
- *Lung Acupoints
- *Windpipe
- *Left Lung
- *Right Lung
- *Throat
- *Large Intestine
- *Fatigue
- *Asthma



● Represent acupoints on the palm / back side of the hand.

○ Represent acupoints on the side of the hand.

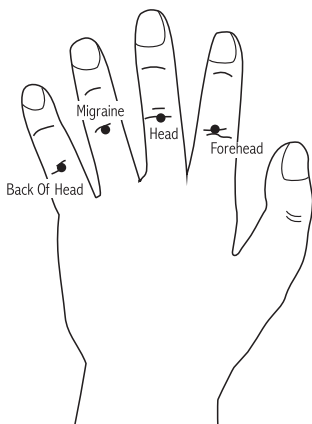


❖ Post Stroke Syndromes

Acupoints

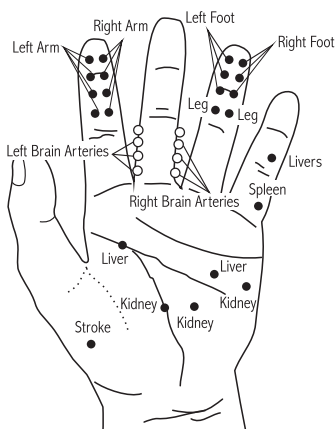
Palm Side:

- *Liver Acupoints
- *Liver
- *Spleen
- *Kidney Acupoints
- *Kidney
- *Right Brain Arteries
- *Left Brain Arteries
- *Stroke
- *Left & Right Arm
- *Left & Right Foot
- *Left & Right Leg



Back Side:

- *Forehead
- *Head
- *Back of Head
- *Migraine



● Represent acupoints on the palm / back side of the hand.

○ Represent acupoints on the side of the hand.

❖ Diarrhea

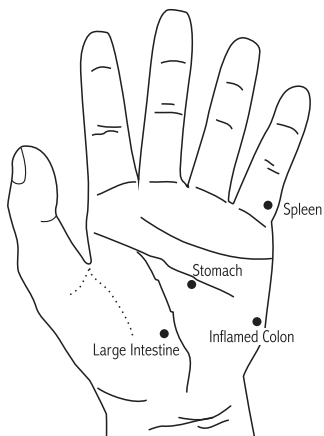
Acupoints

Palm Side:

- *Large Intestine
- *Stomach
- *Spleen
- *Inflamed Colon

Back Side:

- *Shao Shang
- *Shang Yang



● Represent acupoints on the palm / back side of the hand.

○ Represent acupoints on the side of the hand.



❖ Sinusitis

◎ Sinuses

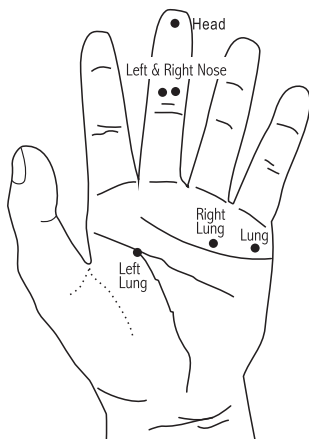
Acupoints

Palm Side:

- *Lung Acupoints
- *Right Lung
- *Left Lung
- *Left & Right Nose
- *Head

Back Side:

- *Shao Shang
- *Shang Yang



● Represent acupoints on the palm / back side of the hand.

○ Represent acupoints on the side of the hand.