



DIY Health Care

Taking Control of Your Own Well-being

i-doc Testimonials

TRANSFORM YOUR HEALTH
with every push of a button!



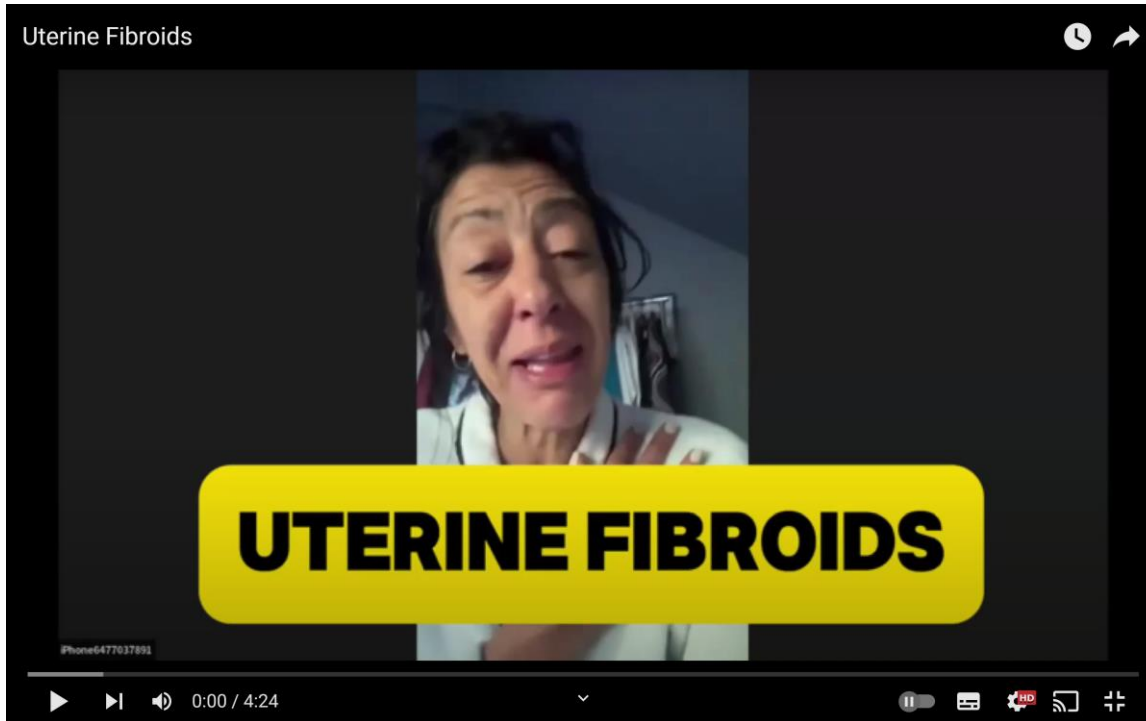


Condition: Uterine Fibroids

Kelen shares her journey with uterine fibroids, discusses her experiences with doctors, and how using i-doc led to positive results.

After using i-doc

- Kelen has uterine fibroids, a common issue for women aged 40-50 years old.
- Doctors reassured her that fibroids often improve after menopause.
- After using i-doc for 2 months, one fibroid shrank while another remained the same.
- Kelen changed her diet and began daily treatments with i-doc to improve and maintain her health.
- Kelen has also noticed detox symptoms and changes in her body, indicating progress.



YouTube Link: <https://youtu.be/hHaCDIxVtos?si=qL6KZJ0ZQ8MJID22>

Condition: Successful Pregnancy

Anthony Balano shares his testimony about the effectiveness of i-doc in helping his wife become pregnant after previous difficulties.

After using i-doc

- Anthony's wife was unable to conceive again after their first child.
- Started using i-doc on her uterus acupoint.
- Confirmed pregnancy after using i-doc for two months.
- i-doc also provided immediate relief for his wife's foot pain from her nursing job.
- Both are now using i-doc for health improvements.



YouTube Link: <https://www.youtube.com/watch?v=nb3H6nUp4b8>

Condition: Three times stroke patient's carotid artery less hardened and stiff

Elizabeth Guemo shares her journey of recovery from three strokes, highlighting the positive impact of using i-doc that softens her stiff carotid artery.

After using i-doc

- Elizabeth struggled with movement and stiffness after her last stroke.
- Stem cell treatment offered some relief initially.
- Using i-doc for three hours a day, split into sessions, improved her condition significantly.



YouTube Link: <https://www.youtube.com/watch?v=oPrqjds02E8>

Condition: Neuropathy

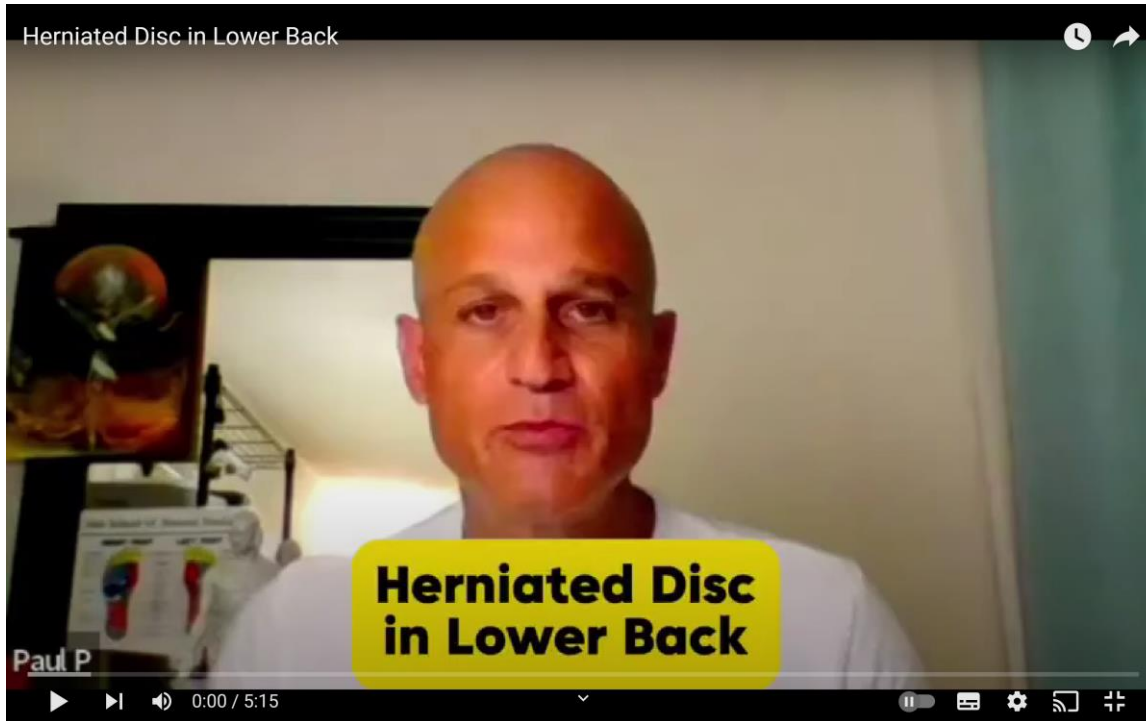
Vicente shares how using i-doc for neuropathy, including ear clips, has improved painful symptoms and sleep quality.

After using i-doc

- Better sleep and reduced burning sensation in knees after treatment.
- Initially painful but the treatment's discomfort lessens over time, indicating effectiveness.
- Electromagnetic therapy reaches deeper layers of tissue, potentially addressing root causes of pain more effectively than surface-level treatments.
- Regular use of the device leads to cumulative benefits, underscoring the need for ongoing treatment in chronic conditions.



YouTube Link: <https://www.youtube.com/watch?v=HM5XKCKGlaE>



YouTube Link: <https://www.youtube.com/watch?v=v3bENqO4Gks>

Condition: Herniated Disc in Lower Back

Paul Perry shares his experience with herniated discs and how using i-doc provided significant pain relief and improved mobility.

After using i-doc

- Herniated discs can cause debilitating pain and nerve issues.
- Paul found relief after using the device during a severe pinch.
- A 15-minute session provided immediate improvement.
- A restful nap followed the treatment, enhancing recovery. The next morning, Paul experienced no pain and improved movement.
- i-doc also stimulated unexpected facial hair growth.



Condition: Sense of smell came back after almost 40 years

Barb Smith from Alberta Canada shares her journey of regaining her sense of smell after 40 years

After using i-doc

- Barb lost her sense of smell after childbirth in 1985.
- The smell of cigarette smoke was the only scent she could detect.
- After using i-doc, she could smell flowers for the first time.
- She can also smell mint in her brother's mouth, marking another milestone.
- She used ear clips for 15 minutes, twice a day for five weeks.



YouTube Link: <https://www.youtube.com/watch?v=3gRgSFvG3ZQ>

Condition: Cataract gone, clearer vision, tingling feet caused by chemotherapy

David Lian shares his transformative experience with i-doc that improved his cataract vision and alleviated chemotherapy-related symptoms.

After using i-doc

- David experienced clearer vision after after just two nights of using i-doc and can now read small print without glasses, which is a significant improvement.
- Also noticed better balance and control while standing.
- Overcame fear of surgery with alternative treatment.
- Significant progress in nerve healing after consistent use.



YouTube Link: <https://www.youtube.com/watch?v=26maICmEPC4>



Condition: Onset Parkinson's Disease

Cora Liao suffers from Parkinson's symptoms and shares her experience with i-doc after using it for only 3 days.

After using i-doc

- Cora struggled with motor control difficulties associated with Parkinson's disease, particularly affecting fine motor skills like handwriting.
- Used i-doc ear clips for only three days - first two days: 15 minutes; third day: 30 minutes.
- Remarkable improvement in handwriting after use.



YouTube Link: <https://www.youtube.com/watch?v=QBY9GfG6ue0>



YouTube Link: <https://www.youtube.com/watch?v=deAh0vkrs0M>

Condition: Trigger Finger

User suffered from trigger finger for three weeks and found relief through a new acupoint technique.

After using i-doc

- Struggled with trigger finger for 3 weeks.
- Experienced improvement by using i-doc in just 25 minutes.
- Can now move finger up and down freely.

Condition: Tonsillitis

User suffering from swollen tonsils.

After using i-doc

- User suffers from swollen tonsils and in a lot of pain.
- Uses i-doc on a specific area on the thumb for relief.
- Treatment starts at intensity 3, then increases to 9 for effective results.
- After 30 minutes, the pain is entirely gone, and swallowing became easy.
- Plans to try other acupuncture points for additional health benefits.



YouTube Link: <https://www.youtube.com/watch?v=hsGmNMNtqsE>



YouTube Link: <https://www.youtube.com/watch?v=2ZFW4pmbRBE>

Condition: Unable to walk properly

Elizabeth Acuin, a retired government employee, demonstrates her improved walking ability after using i-doc and D178.

After using i-doc

- Beth demonstrates how she used to walk a month ago.
- She can now walk properly, faster and more confidently. She can also walk both forward and backward with ease.
- The i-doc and D178 program demonstrates effective methods for rehabilitation and physical therapy.



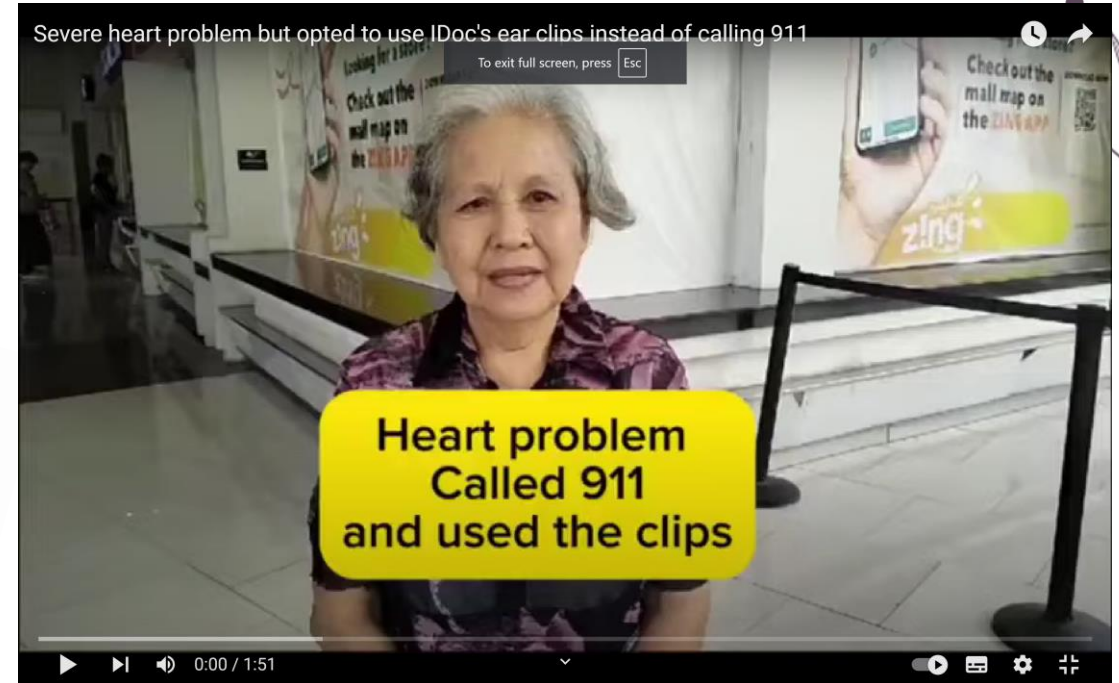
Condition: Survived a heart attack with i-doc

Memie experienced chest pain and used Aculife i-doc for relief before ambulance arrival.



After using i-doc

- Memie Mapalo of Davao City shares her overwhelming experience of a severe heart attack.
- Unable to reach her siblings, Memie considers calling 911 for help.
- Aculife user Maya advises Memie to use the i-doc's ear clips before the ambulance arrive.
- Memie starts using the ear clips and feels her chest pain easing after two sessions of 15 minutes treatment.



YouTube Link: <https://www.youtube.com/watch?v=qhpgq2iR0yDw>

Condition: Blurry Eyes & Diabetes Type 2

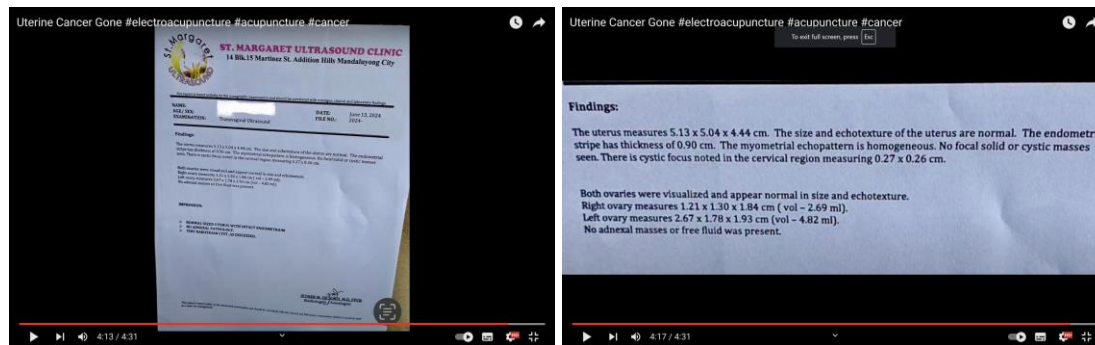
Vidal from Apple Valley, California, shares his experience with blurry vision and type 2 diabetes, finding relief and improved sugar levels using the i-doc without medication.



YouTube Link: <https://www.youtube.com/watch?v=USCCSw-UBbl>

After using i-doc

- Vidal shares his experience with blurry vision and Type 2 diabetes.
- Initially, Vidal could not go past level 3 intensity, but can now increase i-doc intensity level to 15.
- Using i-doc helped Vidal manage his diabetes and his sugar levels significantly from 430 mg/dL (24mmol/L) to 100+ mg/dL (5.6mmol/L) in less than a month after using i-doc.
- Vidal targeted his diabetic point on his hand for better results.
- Vidal also used i-doc to treat his lungs after contracting Covid.



YouTube Link: <https://www.youtube.com/watch?v=1GIDYkPG5kE>

Condition: Uterine Cancer

Mari Con shares her journey of using i-doc to treat her uterine cancer, leading to a significant reduction in tumor size without the need for surgery or chemotherapy.

After using i-doc

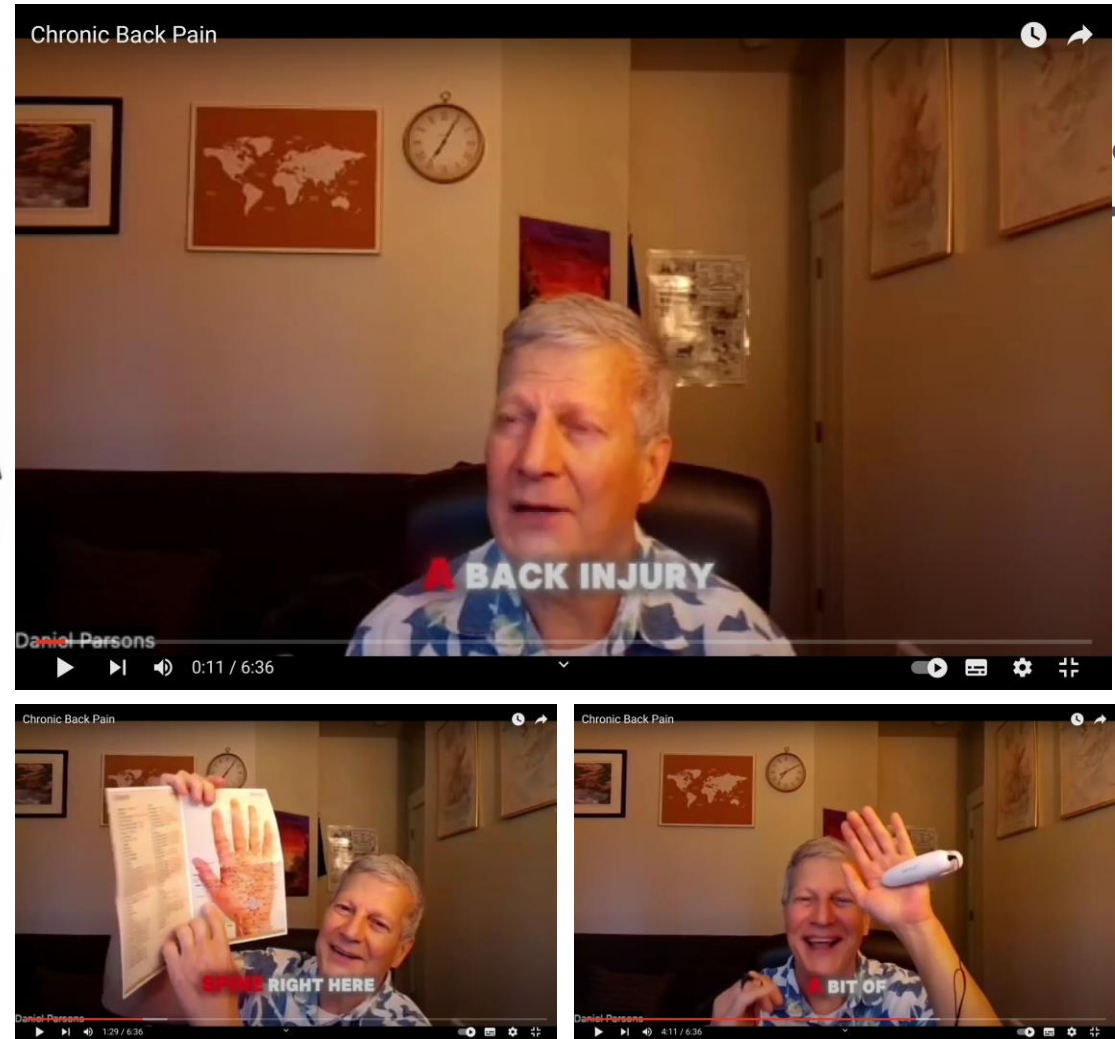
- Mari Con was diagnosed with cancer and faced the possibility of surgery and chemotherapy.
- Introduced to i-doc by a friend, she tried it for 5 months and saw positive results
- The tumor size decreased from 0.5 inches to a mere 0.27cm x 0.26 cm, with the doctor predicting its eventual disappearance.
- Mari Con used i-doc twice daily.

Condition: Chronic Back Pain

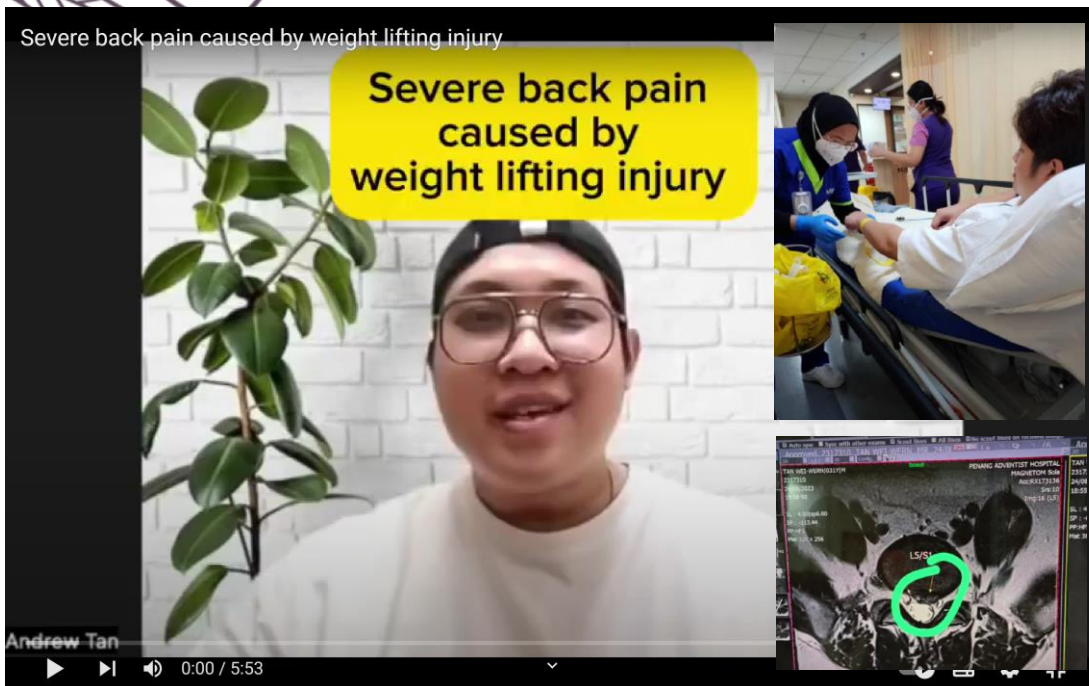
Daniel Parsons, a chronic back pain sufferer, shares his experience using i-doc to manage his pain and improve his quality of life.

After using i-doc

- Daniel shares his 23-year journey with chronic low back pain and his proactive approach to staying active and avoiding wheelchair dependency.
- He uses Pilates exercises, walks daily, and has tried i-doc to alleviate his chronic pain.
- He shared the benefits of treating specific areas with i-doc, such as improving sleep and addressing organ-related issues.
- Daniel recommends i-doc to others and has received positive feedback from healthcare professionals who plan to incorporate it into their practices.
- Daniel shares his journey on YouTube and Rumble, aiming to educate others on the benefits of i-doc and how to use it.



YouTube Link: <https://www.youtube.com/watch?v=7Y2ds7TJbTI>



YouTube Link: <https://www.youtube.com/watch?v=6ynAzA0j-b0>

Condition: Severe back pain caused by weight lifting injury

Andrew suffered severe back pain from a weightlifting injury, leading to hospitalizations and surgeries. Aculife i-doc provided relief when traditional treatments failed.

After using i-doc

- Andrew heard a pop in his back while weightlifting in 2017, leading to severe pain.
- Hospitalized multiple times due to the intense back pain over several years. Underwent radio frequency ablation surgery to alleviate the pain but only saw minimal improvement. Traditional treatments like physiotherapy and surgery were not providing adequate relief for Andrew's severe back pain.
- Initially skeptical about using the Aculife i-doc, Andrew tried it at his mom's recommendation.
- Felt immediate relief after using i-doc and continues to use it daily.
- Regained quality of life and can now play with his kids without constant pain.
- Continued daily use of i-doc has become a crucial part of Andrew's pain management routine. Aculife i-doc has proven to be more effective for Andrew in managing his back pain compared to traditional treatments like physiotherapy and surgery.



YouTube Link: https://www.youtube.com/watch?v=_t6gGpz2Ldw

Condition: Migraine & Floaters

Using Aculife i-doc helped heal migraine and floaters in the user's vision, providing clear vision and relief from discomfort.

After using i-doc

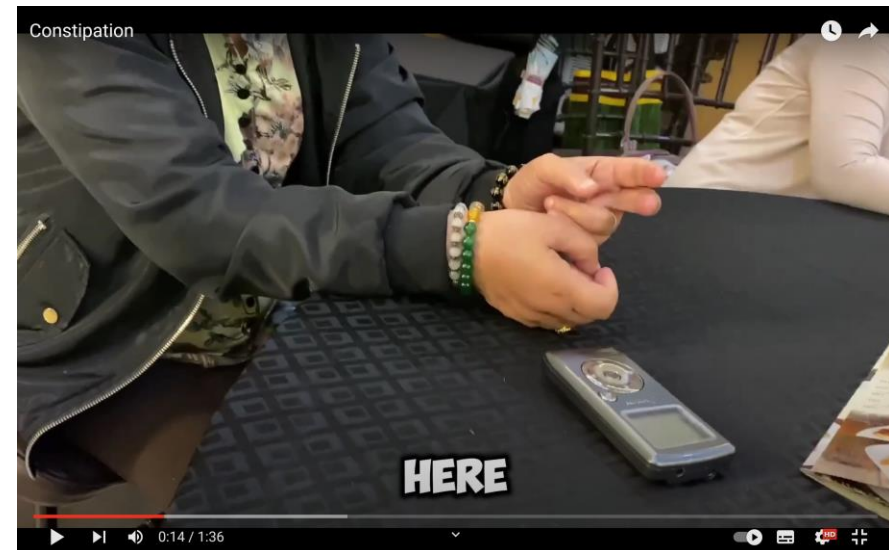
- User had migraine on right side of head and numerous floaters in vision.
- Used Aculife i-doc for 15 minutes daily for 15 days as instructed.
- Migraine and floaters disappeared, vision became clear.

Condition: Constipation

Ada Daiwey tried i-doc for constipation, saw improvements in bowel movements and overall health.

After using i-doc

- Ada used i-doc twice and noticed significant improvements in bowel movements.
- Referred to i-doc booklet for the constipation point and experienced relief only after 2 continuous fifteen minutes sessions..
- Experienced increased flatulence post-treatment indicates enhanced digestive processes triggered by i-doc.
- Sessions lasted 15 and 30 minutes at level two intensity.
- i-doc pinpointed underlying health issues like liver problems.
- Experienced improvements in constipation, liver, and kidney health.



YouTube Link: <https://www.youtube.com/watch?v=RI3UWgCiBZA>



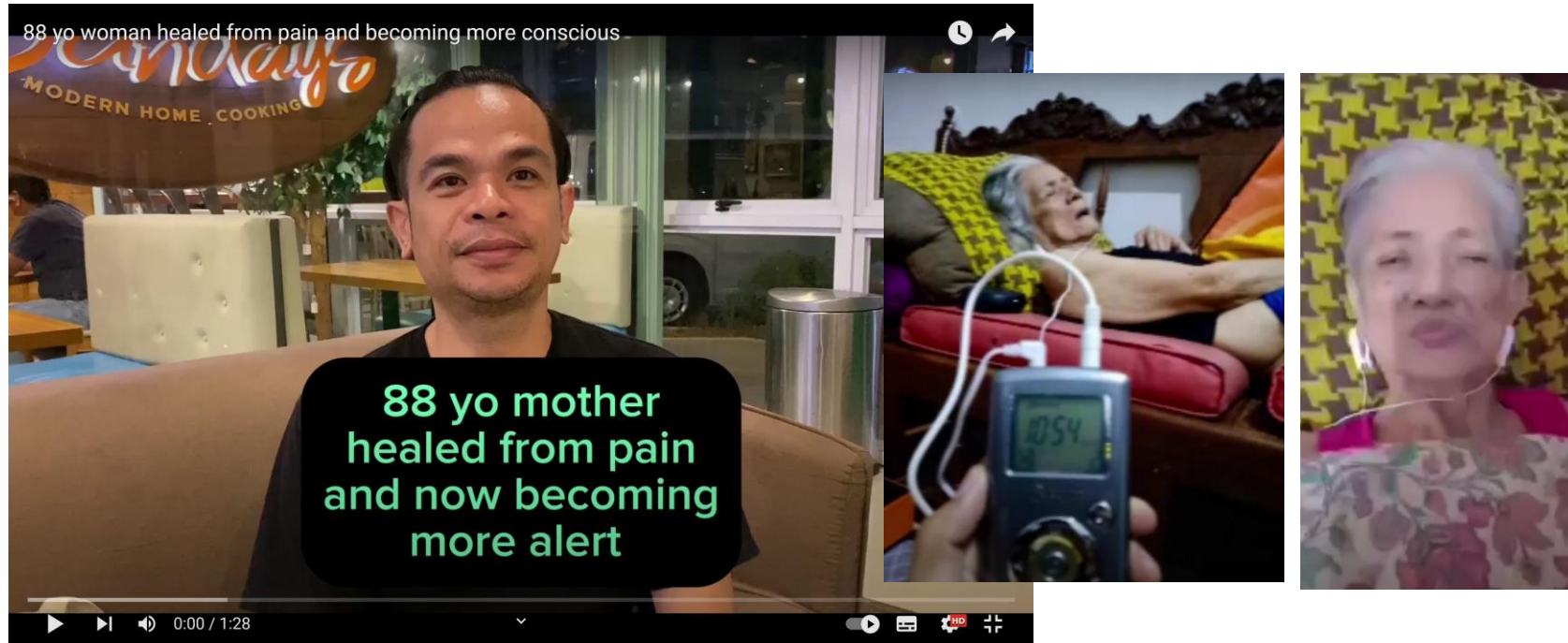
YouTube Link: <https://www.youtube.com/watch?v=vSivlcLon84>

Condition: Diabetic for more than 20 years

Praxedes Bustamante, a diabetic for over 20 years shares his positive experience using i-doc for 15 minutes, experiencing relief in knee pain and improved overall well-being.

After using i-doc

- Hesitant towards traditional medications due to fear of internal organ damage. As a 20-year diabetic, he found i-doc recommendable for various illnesses.
- Use of i-doc led to a reduction in knee pain and improved joint relaxation.
- Significant improvement in blood sugar levels and overall physical condition.
- Use of i-doc for 20 minutes showed promising results, especially for first-time users.



YouTube Link: https://www.youtube.com/watch?v=_aNYEwUWdZc

Condition: Healed from pain and becoming more alert

An 88-year-old woman was healed from pain and improved consciousness after using i-doc.

After using i-doc

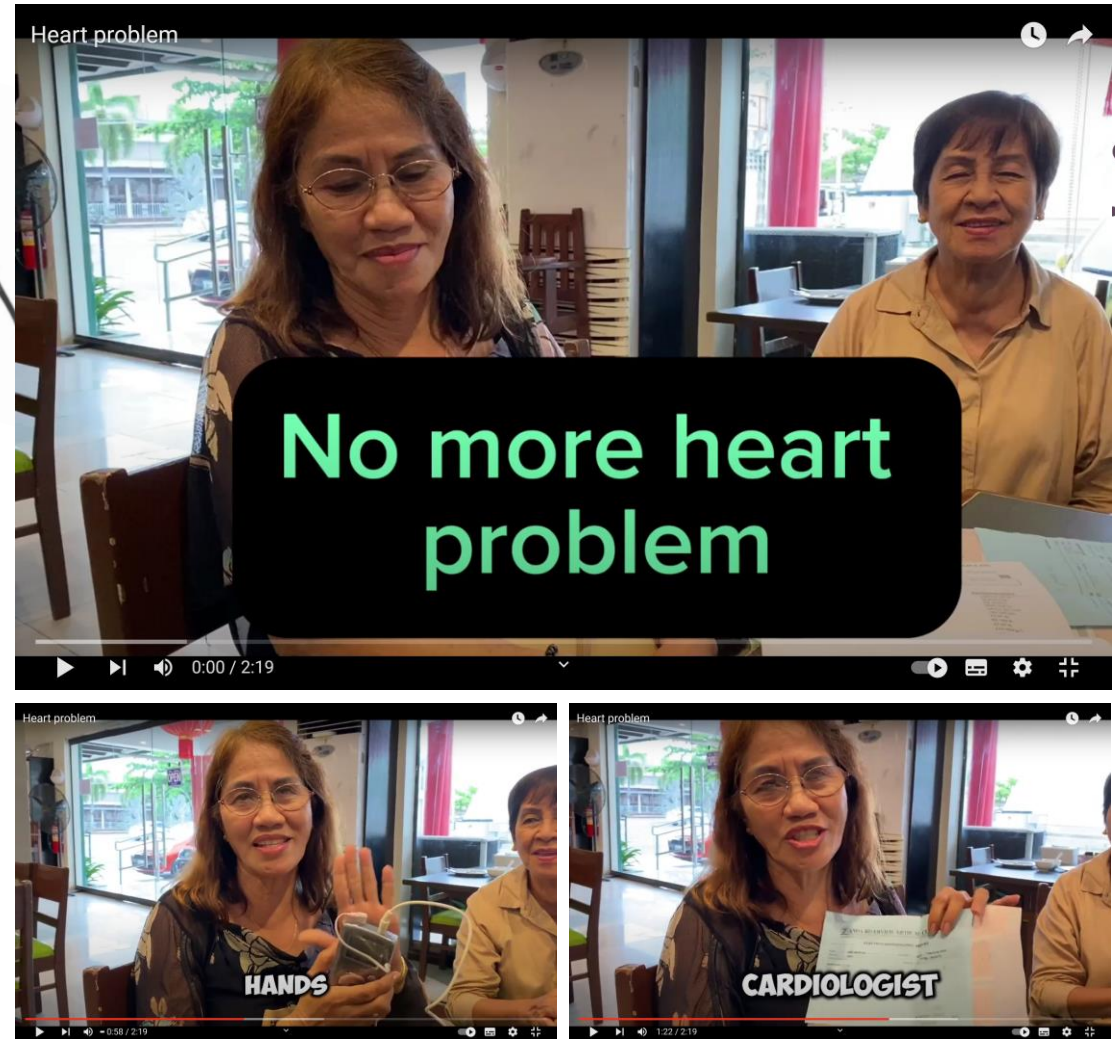
- Used i-doc on his 88 years old mother. Experienced initial discomfort but noticeable impact on the mother's condition, leading eventual healing from pain after 7 days.
- i-doc's positive effects on his mother's consciousness, movement and well-being are evident.

Condition: Heart Problem

Maya had heart problems, showing symptoms like numbness and shortness of breath. After using a i-doc, tests showed her heart was normal.

After using i-doc

Maya experienced classic heart problem symptoms like numbness and shortness of breath, indicating a potential cardiac issue. She used i-doc for 2 months to help alleviate her symptoms. Went for tests and her cardiologist confirmed her heart was healthy. Laboratory test report also showed that her health was perfect.



YouTube Link: <https://www.youtube.com/watch?v=jHARNMKgWoo>



YouTube Link: <https://www.youtube.com/watch?v=n6V7IKFP5GY>

Condition: Insomnia

User was experiencing insomnia.

After using i-doc

Used i-doc ear clips for 30 minutes led to a good night's sleep of 7 hours and 45 minutes.



YouTube Link: <https://www.youtube.com/watch?v=BMp-L5j0Jv8>

Condition: Hernia & Prostate

Warren Cook shares his experience with a hernia and prostate issues, finding relief with i-doc in just one week.

After using i-doc

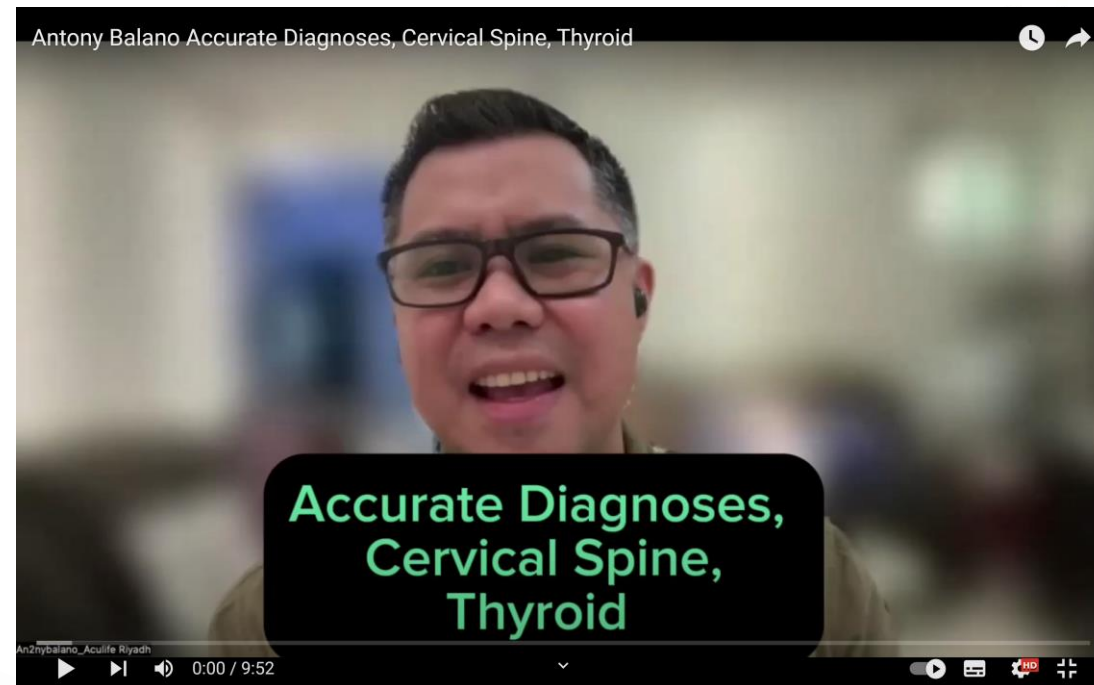
- Developed a hernia before his wedding and was seeking non-surgical solutions.
- Noticeable improvement in hernia after using i-doc for one night.
- Reduced trips to the bathroom at night.

Condition: Accurate Diagnoses, Cervical Spine, Thyroid

Anthony shares his experience with i-doc that detects and cures health conditions, helping him and his friends address various conditions effectively.

After using i-doc

- Initial scepticism towards i-doc that can detect and cure health conditions simultaneously.
- Personal experience with detecting and treating kidney, liver, and other health conditions successfully.
- Effectively curing a friend's cervical spine problem using i-doc.
- Positive results in treating a friend's thyroid issue, avoiding the need for surgery.
- Accurate detection of health conditions in colleagues and pastors, leading to early intervention.



YouTube Link: <https://youtu.be/Tj3kxUxp5Bs>



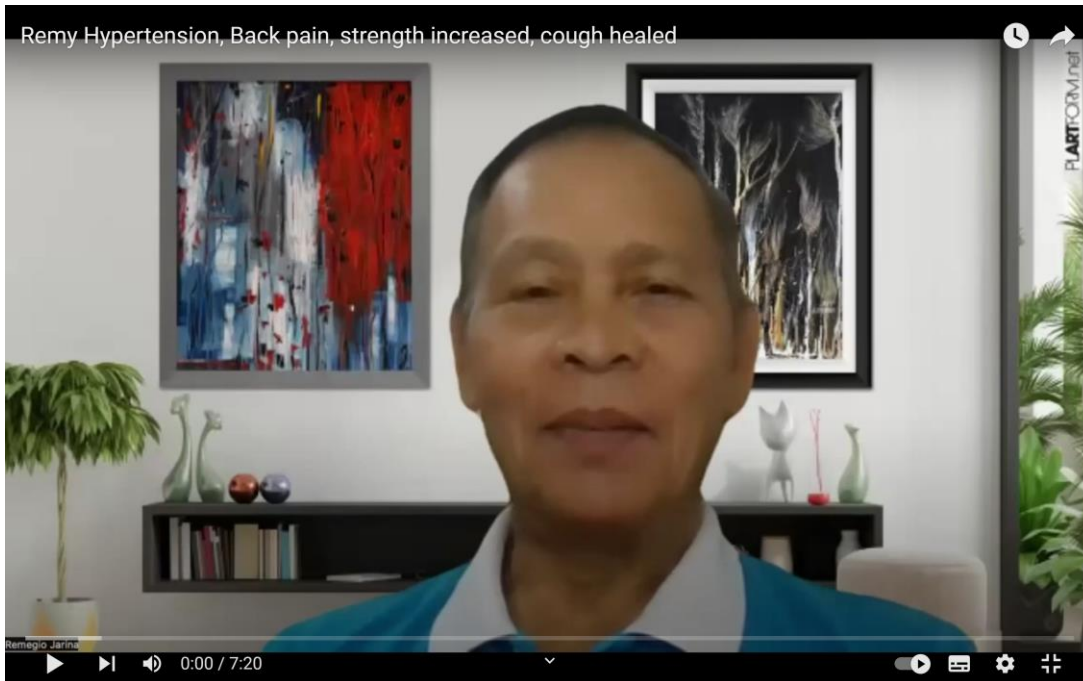
YouTube Link: <https://www.youtube.com/watch?v=1OFN0VJEfrc>

Condition: Kidney Dialysis, Hemorrhoids, Better Sleep, Thoracic Lumbar, Swollen Ankle

Maria, a nurse in Dubai, faces numerous health challenges like chronic kidney disease, dialysis, diabetes, hypertension, hemorrhoids, and eye issues. She shares her experience with a new treatment method that has shown positive results for her and her friends.

After using i-doc

- Maria's complex medical conditions include chronic kidney disease, diabetes, hypertension, and eye issues.
- She undergoes dialysis three times a week and faces challenges with blood pressure management.
- i-doc helps her friends with urinary tract infections and spine issues. Both friends experience relief and improvements after the treatment.
- After using i-doc, Maria's recent blood tests show positive outcomes, indicating progress in her health management.



YouTube Link: <https://www.youtube.com/watch?v=yapLhfVWlqc>

Condition: Hypertension, Back pain, strength increased, cough healed

Remy shares how using the Aculife i-doc helped lower his high blood pressure, eliminated back pain, increased his strength, and healed a cough.

After using i-doc

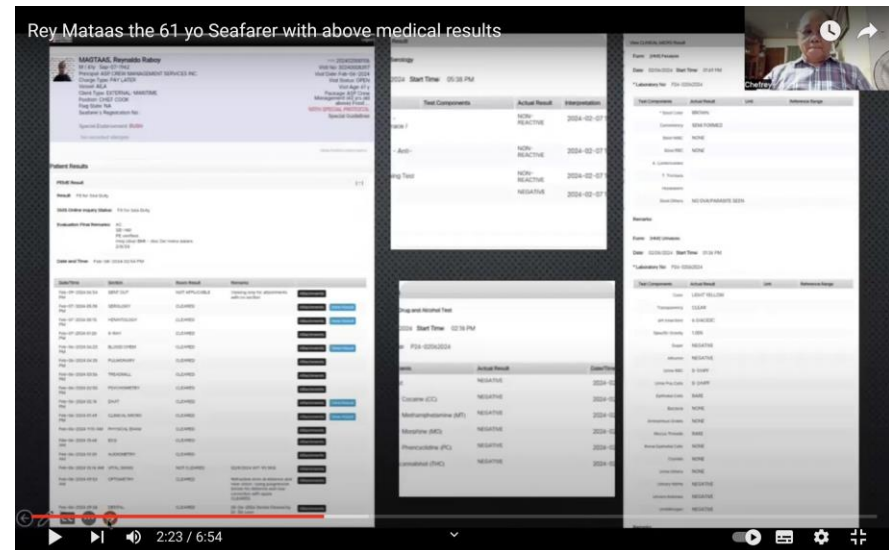
- Lowered blood pressure dramatically after using i-doc.
- Back pain disappeared after just two sessions with i-doc.
- Energy and strength increased significantly.
- Cough healed quickly with i-doc.

Condition: Improved overall health

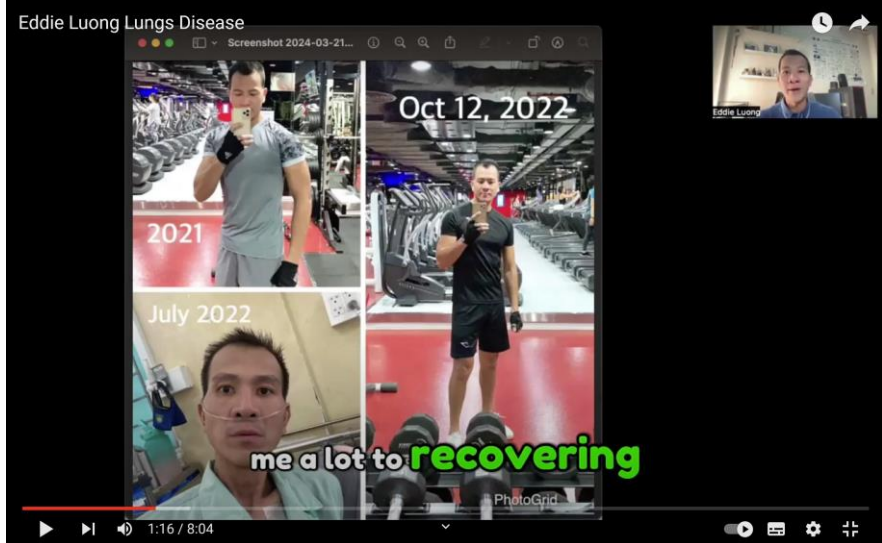
Rey, a 61-year-old seafarer from the Philippines, shares how the Aculife i-doc transformed his health, normalizing his medical results and impressing doctors.

After using i-doc

Rey's 32 years at sea as a chef led to health challenges such as varicose veins that causes pain in the foot and leg. Aculife i-doc, including ear clips, helped normalize Rey's medical results. Doctors were amazed by Rey's improved health due to Aculife i-doc.



YouTube Link: <https://www.youtube.com/watch?v=bqSH7qymAMQ>



YouTube Link: <https://www.youtube.com/watch?v=ibYybG0rq4Q>

Condition: Lungs Disease

Eddie from Vietnam shares his journey battling lung disease, losing weight, and finding hope with Aculife, recovering in just five months.

After using i-doc

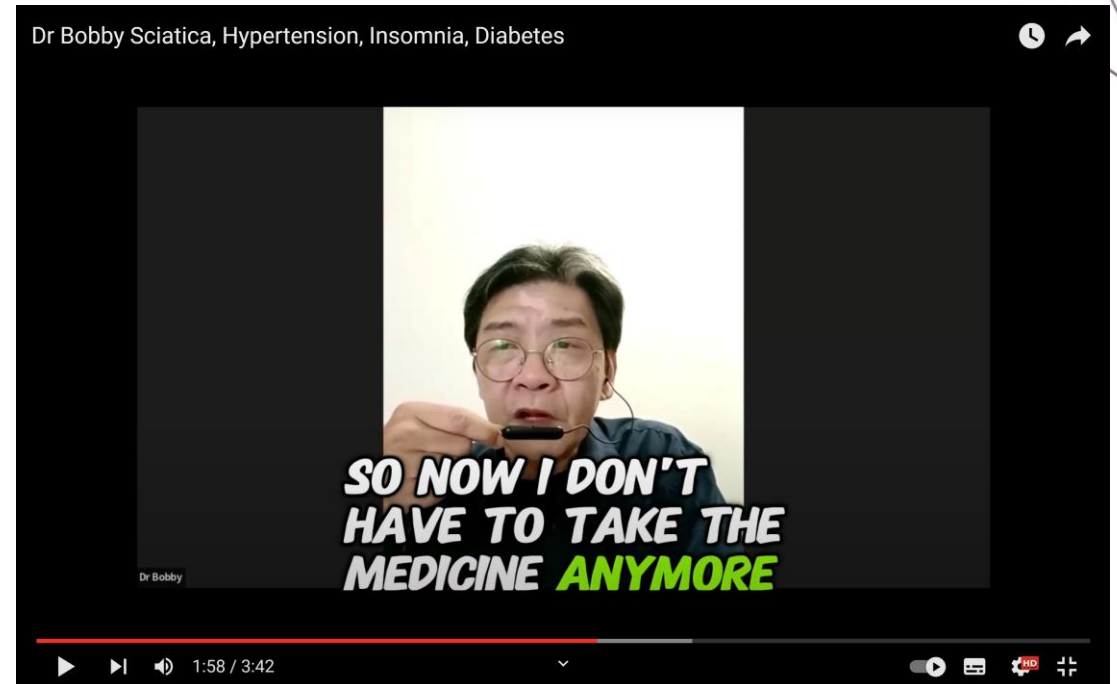
- Eddie shares about his struggle with lung disease since February 2022, and his health deteriorates, losing over 30 kilos but recovers with the help of a blower.
- Eddie discovers a virus in his lungs, struggles with treatments, and faces a long recovery process.
- Traditional medicine and Terahertz blower were helpful, but i-doc provided a deeper, more comprehensive healing solution, boosted Eddie's immune system, allowing his body to fight off the virus and recover in a fraction of the time expected.
- After using Aculife i-doc from December 2023 until March 2024, Eddie fully recovers back to his initial health.

Condition: Sciatica, Hypertension, Insomnia, Diabetes

Dr. Bobby experienced relief from chronic lower back pain, hypertension, insomnia, and diabetes after using Aculife. The device helped alleviate his pain and improve his overall health.

After using i-doc

- Aculife i-doc provided rapid relief for chronic lower back pain in just one day.
- Lowered blood pressure, allowing him to stop taking medication.
- Overcome insomnia and improve his sleep quality after one or two treatments.
- diabetes is now under control without the need for medication.
- Aculife i-doc provided a cure, not just suppression of symptoms.



YouTube Link: https://www.youtube.com/watch?v=Yo5-sPF_vmo

Condition: Rotator cuff, Prostate

Dave shares his experience with a rotator cuff issue for over two years, but after using i-doc, he has seen significant improvement in mobility and pain relief.

After using i-doc

- Rotator cuff problem for over 2.5 years.
- Used i-doc daily.
- Improved mobility; can now reach and stretch.
- Also addressing prostate issues with notable improvement after 1.5 months. Now the flow of his pee is stronger.



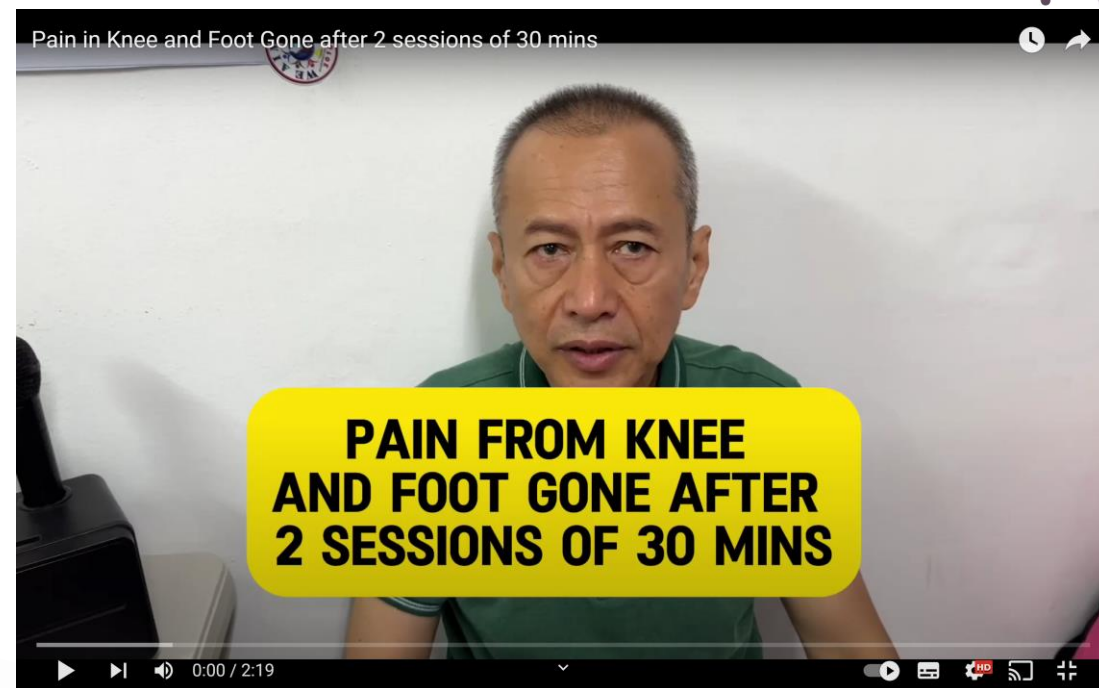
YouTube Link: <https://www.youtube.com/watch?v=MPbAv-lfLrg>

Condition: Pain in Knee and Foot Gone after 2 sessions of 30 mins

Boyet Ramos experienced knee and foot pain due to inflammation but found relief after two 30-minute sessions of i-doc.

After using i-doc

- Main issues were knee and foot pain due to inflammation.
- Coach Dave diagnosed his condition before treatment.
- i-doc sessions provided significant relief.
- Pain decreased after just two 30-minute treatments.



YouTube Link: <https://www.youtube.com/watch?v=vg7mAECwdMs>



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with every push of a button!

